

FRIDAY 18th July at 7.30pm
(Under U.K. Athletics Rules – Licence Number 10186)

Family Fun Run supported by



Walkington Playing Fields, Walkington, Nr Beverley, East Riding of Yorkshire

- **10K COURSE ON ROADS FROM WALKINGTON - LITTLE WEIGHTON - WALKINGTON**
- **MULTI-TERRAIN 1.75 MILE FAMILY FUN RUN AT 6.45pm**
- **RACE HQ WALKINGTON PLAYING FIELDS.**
- **T-SHIRT FOR 10K FINISHERS**
- **A MEDAL WILL BE HANDED OUT TO ALL FUN RUN FINISHERS**



➤ **IN ATTENDANCE** will be

The Lucozade Sport Performance Team &

Entry Limits - 700 10k & 300 Fun Runners.

No Entries on the day for 10k or Fun Run

Entry Fees (No Refunds)

10K UK ATHLETICS CLUB MEMBERS £7.00 OTHER RUNNERS £9.00 - FUN RUN ALL ENTRANTS £2.50

10K PRIZES IN THE FOLLOWING CATEGORIES

(ONE INDIVIDUAL PRIZE PER PERSON)

Men 1st - 6th First two Vets 40 - 44, 45 - 49, 50 - 54, 55 - 59, 60 - 64 & 65+ 1st U'18, Unattached & Walkington resident
First Team (3 to count)

Ladies 1st - 3rd First two Vets 35 - 39, 40 - 44, 45- 49, 50 - 54, 55 - 59 & 60+ 1st U'18, Unattached & Walkington resident
First Team (3 to count)

Detach and return with cheque (payee "Beverley A.C.") with enclosed stamped addressed envelope to:-
Walkington 10K, 12 Willow Grove, Beverley, HU17 8DS. tel 07946 521622 email jedholden54@hotmail.com

REMEMBER THE NEW POSTAL CHARGES FOR WEIGHT/SIZE PARTICULARLY IF ENCLOSING MULTIPLE ENTRIES

Closing date for entries Saturday 5th July 2008 (Earlier if limit reached)

Race Numbers and entrant information **will be sent out after 31st May**

Check out the club's website for up to date information www.beverleyac.karoo.net



ENTRY FORM – also enter online www.ukresults.net/online/080718walk10k.html

Please Note - separate form required for each person and event

Photocopies accepted or download from www.beverleyac.karoo.net/WalkEntForm08.pdf

Please enter me for (tick event):- 10K Race or 1.75 Mile Family Fun Run

(N.B. Entrants for 10K must be over 15 on race day & Adults running with children in the Fun Run must enter)

Routes not suitable for pushchairs, baby buggies or wheelchairs.

An 80min race time limit will be in place due to a police requirement to reopen closed roads.

First Name		Surname	
Address			
			Post Code
Sex M/F	Date of Birth	Tel No	
UKA CLUB (if member)		Membership No	

DECLARATION: (to be completed by or for each entrant)

I declare that I am an amateur according to the UK Athletics rules and that I am medically fit to run. I accept that the organisers shall not be liable for any injury, illness or loss of property as a result of my taking part in this event.

Signature **Date**

(Parent or guardian of runners under 16)

HAVE YOU INCLUDED a 9"x 5" SAE with correct value stamps?